

Hockey Biography for Darren Rogers

Darren Rogers has been a skills development hockey coach for the past 8 years through the Power Edge Pro hockey training program. Pursuit of that opportunity has led Darren to support the development of many youthful superstars as young as 4 years of age, all ages in between, junior, college or university, and many pro hockey players in the NHL, AHL, and Europe.

Skills development continues to evolve along with the game, and Darren thrives on this because it creates an opportunity to be ongoing student of the game. His passion for skills development and building confidence in players translates from the energy he brings to his coaching style and relationship building amongst players and other coaches.

Coaching junior hockey, the past 5 years as an assistant coach with the Sarnia Legionnaires Junior B Hockey Club, has enhanced his skills development focus and learning how to translate functional skills training to the game.

Previous coaching experience at the competitive minor hockey level for over 30+ years helped build a foundation for Darren at very young age. He worked with great coaches along the way and experienced many successful seasons and championships along the way. But looking back, Darren says those aren't necessarily the moments he remembers most.

He recalls the experiences shared as a team and for the individuals involved. He feels player success can be measured several ways as a coach – building confidence on and off the ice, developing a role and identity, promoting a dominant player to the next level, and connecting everyday life skills to build on accountability, resiliency, and interpersonal skills. He reflects on meeting some of the players that he has coached, and that interaction later in life reminds him just how much of an impact it can have in a person's life. Those experiences shaped the players, and everyone involved.

Darren attributes the role of coach to an inherent skill set passed down from his father and mother who both coached competitive sports. Role modelling is important, and he was immersed in the situation. He also contributes his passion for coaching to many great teachers and coaches involved that had an impact along the way.

He has carried that torch with his own family. His son Gavin continues to work as an assistant skills development coach, and his daughter Sydney works the skills and is also certified as a competitive hockey coach to support various teams. His wife Jennifer has coached in Tae Kwon Do for several years following a competitive combat stint as a young adult. She transitioned to raising a family and has excelled in her career of engineering design coordination.

Darren has managed a fulfilling career in Public Health for almost 20 years with a role in Strategic Communications and Public Affairs. In addition, he continues to operate a hockey skills development business for the past 8 years with a team of coaches involved. Fitness and health are priorities for Darren both professionally and personally.